Psychosocial Factors Associated with Weight Loss: An Ancillary Study to LABS-2
Physical Measures – Treatment Comparison (PPM) – Version: 02/13/2007 FORMV

Patient ID _____ **ID**   **PPMDATE** **Form Completion Date** __ __ / __ __ / 20 __ __
                                                                                                              mm   dd   yy

Certification number: ___ ___ ___ ___ ___ **CERT**   **VISIT Visit:_____**

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1. Measurements: Date of when physical measures were taken: __ __ / __ __ / 20 __ __ **PHYSDAT**

1.1 Weight: ___ ___ ___ . ___ ___ (kg) → How was weight measured? **WGTMEAS2**   ☐ 1. Detecto Scale
     WGTKG   ☐ 2. Other Scale
                                                                                     ☐ 3. Last available bed weight
                                                                                     ☐ 4. Estimate

1.2 Height ___ ___ ___ . ___ ___ (cm) *(complete at baseline only)* **HGTCM**

1.3 Blood pressure: 1.4 Resting heart rate:
  1st measurement:__ __ __ / __ __ __ (mmHg) **SBP1 / DBP1** 1st measurement: __ __ __ (bpm) **HEART1**
                    (systolic)   (diastolic)

  2nd measurement: __ __ __ / __ __ __ (mmHg) **SBP2 / DBP2** 2nd measurement: __ __ __ (bpm) **HEART2**
                    (systolic)   (diastolic)

  Average measurement: __ __ __ / __ __ __ (mmHg) **SBPAVG / DBPAVG**   Average measurement: __ __ __ (bpm) **HEARTAVG**
                    (systolic)   (diastolic)

1.5 Waist circumference: 1.6 Neck circumference:
   Record the first two measurements. If they are not within 2 cm   Record the first two measurements. If they are not within 2 cm of
   of each other, record a third measurement.   each other, record a third measurement.
WCIRC1__ __ __ . ___ (cm)   **NCIRC1** __ __ __ . ___ (cm)
WCIRC2__ __ __ . ___ (cm)   **NCIRC2**__ __ __ . ___ (cm)
WCIRC3__ __ __ . ___ (cm) *record only if first two are not*   **NCIRC3**__ __ __ . ___ (cm) *record only if first two are not*
                    within 2 cm of each other.   *within 2 cm of each other.*